

Leave: 8:00 AM

Return: 4:00 PM



JSS Physical Education: Outdoor Education Ski Trip Tuesday, February 18th, 2025

As part of the Physical Education program at Jack Stuart School, our **Grades 3-5** students will have an outdoor education experience. Students will have the opportunity to develop their skills at skiing or snowboarding. This trip will take place on Tuesday, **Feb 18th, 2025** at Rabbit Hill Snow Resort. **The bus will leave at 8:00 am and be back around 4:00 pm.**

In order to participate, parents must complete the following:

- **Complete the online permission, rental and payment form by February 9th.** This can only be completed online through our RyCor payment system. Please locate the Student Online Payment by going to our Online Payments and Ordering, on our Jack Stuart School webpage. If you require assistance with this process, please contact or visit the office.

Assigning Lesson Levels

To make sure each student is placed in the appropriate lesson group, we ask that parents or guardians assign a lesson level to their child before your visit. We highly recommend that you send copies of our level descriptions home with students or direct parents to our website, where they can find the information needed to make an informed decision. <https://www.rabbithill.com/lessons/lesson-ability-levels/>

- To have a successful day, we need a lot of adult help. **We need one parent or teacher for every eight students.** It is strongly suggested that a parent accompany students who have not skied/snowboarded before or have little experience. If you would like to join us and help supervise on the trip, there is a place for you to indicate this on the RyCor form. To be a supervisor you must submit a Criminal Record Check with a Vulnerable Sector Check. If you have submitted one previously to the school, please know they are valid for 5 years. If you need to get a Criminal Record Check, the school can provide you with a volunteer request form that reduces the fee for the check.

- All students **MUST** wear a helmet specifically designed for Skiing /Snowboarding. It is **included** in the rental at the hill. If you are not renting, you **MUST** bring a specifically designed helmet. This is a requirement based on the Physical Education Safety Guidelines that serve as a minimum safety standard followed by schools in Alberta.
- Snowblades **WILL NOT** be permitted

Fees:

Ski Trip Fee	\$35.00
Ski Trip Fee if you have a Rabbit Hill Season Pass	\$8.00
Ski/Snowboard equipment rental	\$22.00 Rentals include skis, snowboards, boots and helmets.

- As this is an excellent opportunity for all students, we want to reduce any barriers to participate. If a student may be unable to go due to financial hardship, please contact Ms. Easton at the school to see what arrangements can be made.
- A bag lunch or money to buy lunch will be needed.
- If your child owns equipment and wishes to bring it, a truck will be arranged to transport it to and from the hill.
- We currently have two buses booked. Depending on our numbers, we may or may not have room on the bus for parent volunteers.

INFORMATION ABOUT SNOW SCHOOL

ARRIVING

Stay on the bus! One of the Rabbit Hill Staff will greet us to provide some information about the day. Once the speech is done, we will have the students disembark the bus and wait by the designated number along the fence. We will have a teacher/volunteer to help hand out tickets to the students. One of the Rabbit Hill staff members will then walk the group to the lodge where they will be shown which shelves to put their bags on. (These are not lockers - just cubbies or shelves). Once each student is ready, they will receive their rental card in the lodge and then head straight to the rental shop.

We will be requiring volunteers to help the ARRIVING students put their bags on shelves and keep them off the floor.

RENTAL SHOP

We would also like to have 3-4 volunteers to help the students with their boots.

SNOW SCHOOL

- Students who receive rentals will receive a rental card in the lodge and their assigned levels will be on the card. Our ski/SB tech will write their lesson level on their ticket. Upon leaving the rental shop, students will carry their equipment over to the fenced-off lesson area where staff will help guide them to the sign for their preassigned level.
- Students with their own equipment will go directly to the lesson area and will talk with staff to have their preassigned lesson level written on their ticket and be directed to the appropriate sign.
- Snow School will begin lessons at 10 am, lessons will then start as instructors become available and a group of 10 are formed.
- Lift ticket – the school lift tickets will be marked by Snow School, according to the areas that are safe for their ability. The students will need an RFID card to access the chair and T-Bar and if the instructor feels they are safe to ride those runs, the instructor will hand them the RFID Card.
- Please review and know the pictograms to help students remain in the designated area outlined by their instructor. There are 2 Pictograms, 4 Run level designations symbols, a W (Warning), and a Lesson Level space. A copy of the lift ticket is on the last page. - 2 Pictograms: T-Bar, and Chair Lift. - Carpet Lifts and Rope Tows are considered the default area that everyone can use. - 4 Run Level symbols: Green Circle, Blue Square, Black Diamond, Terrain Park “Pill”.
- Run designations match area maps and run signs located throughout the area. - Areas that the group member is allowed to be on will be marked through the symbol. Snow School will mark these tickets after the group member’s lesson.
- Tickets that have not been marked will indicate they have not had their lesson yet and will be restricted to Carpet lifts, Rope Tow, and green runs at the bottom of the hill. - Park “Pill” will be marked by our Park Patrol only. Group members will be required to go through an assessment before they get this marked.
- RFID Cards: Rabbit Hill has implemented an RFID-gated access system for our chairlift and T-Bar. Students who are assessed as being safely capable of riding our lifts will be given an RFID card by an instructor at the time of assessment and their paper ticket will be marked accordingly.
- The RFID card, which will be placed in the student’s left pocket, will activate the gates at the lift(s), allowing the student to access the lift
- Rabbit Hill will ensure each student is directed to their assessment area, where they will be assessed by qualified instructors.

SAMPLE LIFT TICKET



What can Teachers and Volunteers do throughout the day:

Arrival

- Hand out tickets when students are off the bus and by their designated number on the fence
- Help with putting bags in their designated shelf space.
- Assist in the rental shop with boots, helping put personal shoes in the correct shelves

During

- Watch lift passes and make sure students are not riding outside their designated area.
- Ride with the students and help them adhere to the Alpine Responsibility Code.
- Monitor Students in the lodge.
- Please stay out of the teaching zone while students are receiving their lessons. The deck is a great place to watch students.

End

- Assist students in returning their boots in the Rental Shop

Field Trip

This field trip is intended for Grades 3-5 students and supervisors only. For insurance/liability reasons, we will **NOT** be able to sell lift tickets to older/younger siblings at the school discount and would encourage them not to attend this field trip. Our insurance has stated that there may be a liability problem if parents are supervising other children in addition to the students under their care from the school.

Wondering what the day will look like?

Departure

- Please prepare your children for the weather. Dress warmly with lots of layers!
- We have 2 buses scheduled.

- We will aim to leave right at 8:00am. We encourage students to come between 7:45am and 8:00am.
- When your child arrives at the school, please drop off any equipment that needs to be transported to the hill, in Mr. Nelson's vehicle. It will be parked on the East side of the building in the teacher parking lot. You will see him out by his vehicle. Once equipment has been dropped off, students need to come into the school and check in with their homeroom teacher. Teachers will be in the foyer area to meet students and direct them to the correct bus.
- Parents that are riding the bus along with us, please also come to the foyer and check in with your child's homeroom teacher. If you have equipment, it also goes in Mr. Nelson's vehicle.

Arrival at the Hill

- When we get to the hill, the Rabbit Hill staff will come on the bus and distribute lift tickets, speak with the kids and give them instructions as to what they need to do once inside. If your child has traveled to the hill with you and you arrive at the same time as the bus, have your child hop on the bus to get their pass and hear the instructions. Otherwise, please proceed with your child to the main building and find Mrs. Easton to get your pass(es) for the day.
- Mrs. Easton (wearing a BLUE JACKET) will have all the adult passes. If you are meeting your child at the hill, Please see her for yours if you will be on the hill. **If you are going to enjoy the day in the chalet, you will not need a ticket.**
- Kids will be directed through the rental area by the Ski Hill Staff. JSS staff will be there to help the kids. Parent helpers are required to assist students in the rental area.
- Ski Hill staff will provide instruction as to how lessons will be conducted.
- Typically (in the past) Rabbit Hill will have a section of the "cubbies" in the lodge blocked off with a sign that says Jack Stuart. This is where students will put their bags.
- Throughout the day, students are allowed to be freely in and out of the chalet. Kids are allowed to buy food at the concession.
- We have both teachers and parents that will be in the chalet and out on the hill with the kids. They are there to support your child in any way needed.

Departure

- We need to leave the hill by 2:30 so students will hand in their rentals, gather their things and meet back up with their homeroom teacher, at the time given to them by their teacher. We will aim to start loading buses 15 mins before our departure time. Those students and parents who need their equipment transported back home need to return it to Mr. Nelson's vehicle. Staff will help your child with this.

- Students that have been skiing with parents or are leaving with their parents must check out with their homeroom teacher before they leave. Please understand that if a parent wants their child to drive to the ski hill on the bus with us but then take them home from the hill, they MUST fill out the TRANSPORTATION DENIED form. This must be filled out before you take your child with you. All teachers have copies of this form with them. It is attached below or on our website.
- We should be back to JSS close to 4:00 pm.

Please reach out if you have any questions. We are looking forward to a great day of skiing!

Sincerely,

Erica Easton
Assistant Principal
Jack Stuart School
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